

# Stone Soup Lesson

**Grade Level:** Kindergarten

**Season:** Fall

**Larger IGS Unit:** Farms

**Objective:** Students will connect the story of Stone Soup to their own school garden or island farm, and will explore the process of harvest to eating.

**Essential/Topical Questions:**

- Where does food come from?
- What is hunger?
- Why is sharing important?

**Materials:**

- Stone Soup story
- Pot
- Stone
- Wooden spoon
- Harvest basket
- Garden signs (that correspond to vegetable cards)
- Vegetables (from garden)
  - Carrots, tomatoes, potatoes, garlic, onions, squash, beans, kale, etc.
- Vegetable cards for scavenger hunt
- Cutting board and knife (for demonstration)

**Lesson Plan:**

1. Students sit in a circle (in the garden or in the classroom), and listen to the story of Stone Soup. As you are reading the story, act out stirring the pot with the big wooden spoon, and placing the stone inside.
2. When the story is done, ask students some questions:
  - a. Why did they call it “Stone Soup”?
  - b. How did the visitor help the village?
  - c. Why is sharing so important?
3. Ask the students to name some of the vegetables they heard in the story. As they name vegetables, hand out the cards with the names and pictures of the vegetables.
4. It’s time to go outside and harvest from the garden! When students have harvested, gather together around the soup pot. Each student, one at a time, can introduce their vegetable to the class and place it in the pot.
5. Ask students to name the next steps to making Stone Soup.
6. Tell the students that a batch of Stone Soup is ready for them to taste!

7. What is a recipe? Hand out Stone Soup recipe cards for each student to take home. If time allows, students can decorate the recipe card with the vegetables they saw in the garden.