

Name: _____

How to Grow a Sunflower Plant



1. Choose a planting area that receives full sun if possible. Use the trowel to dig a trench about 1 inch deep. Fill the trench with water and allow it to soak into the soil.
2. Place the sunflower seeds into the trench about 4 inches apart. Cover the seeds with an inch of loose soil and pat down lightly. Water lightly.
3. Cover the area where the sunflower seeds have been planted with the window screening. The screen will prevent birds and small animals from disturbing the seeds.
4. Mark the planting row with a small craft stick so you know where the seeds have been planted.
5. Keep the soil moist and watch for seedlings within one to two weeks. When the seedlings emerge, remove the screening.
6. Thin the seedlings when they are 3 inches tall. Large sunflowers must be spaced about 12 inches apart. Smaller sunflowers can be spaced 6 inches apart.
7. Fertilize the sunflowers with an all-purpose fertilizer diluted in water every two weeks during the entire growing season.



Date	Height	Observations

