

STUDENT HANDOUT LUNCH SURVEY

Think about what you had for lunch today or yesterday. Put a ✓ next to each of the following factors you considered when you decided what to eat for lunch.

- It was fast or easy.
 - It was what I usually eat.
 - It was nutritious.
 - It tasted good.
 - It was a good price.
 - It was in season.
 - My friends liked it.
 - Other factor:
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- I didn't have any choice in what I ate.